

MONTHLY PRACTICE LOG - GUITAR



- Please practice at least 5 times per week for a minimum of 20 minutes.
- Check off the days your practice and what you did during that practice period, so you can keep track of what you're working on!
- Parents: Supervised practice for the first 6 weeks is essential, especially tuning.

TASK - week 1	Sun	Mon	Tue	Wed	Thur	Fri	Sat
GUITAR TECHNICAL first, tuning!							
1. Walk the strings							
2. Strumming exercises practice with video if needed.							
3. Chord review: isolate to improve posture.							
4. Sight-reading one song							
4. Music theory worksheet							
GUITAR REPERTOIRE (Lead) play old songs in book							
(Lead) Play each new song in book at least 3 times							
(Rhythm): play new songs at least twice with practice video if needed, and once just isolating chord changes, not in tempo.							
Play / Improvising fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - week 2	Sun	Mon	Tue	Wed	Thur	Fri	Sat
GUITAR TECHNICAL 1. Walk the strings							
2. Strumming exercises practice with video if needed.							
3. Chord review: isolate to improve posture.							
4. Sight-reading one song							
4. Music theory worksheet							
GUITAR REPERTOIRE (Lead) play old songs in book							
(Lead) Play each new song in book at least 3 times							
(Rhythm): play new songs at least twice with practice video if needed, and once just isolating chord changes, not in tempo.							
Play / Improvising fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - week 3	Sun	Mon	Tue	Wed	Thur	Fri	Sat
GUITAR TECHNICAL 1. Walk the strings							
2. Strumming exercises practice with video if needed.							

3. Chord review: isolate to improve posture.							
4. Sight-reading one song							
4. Music theory worksheet							
GUITAR REPERTOIRE (Lead) play old songs in book							
(Lead) Play each new song in book at least 3 times							
(Rhythm): play new songs at least twice with practice video if needed, and once just isolating chord changes, not in tempo.							
Play / Improvising fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - week 4	Sun	Mon	Tue	Wed	Thur	Fri	Sat
GUITAR TECHNICAL 1. Walk the strings							
2. Strumming exercises practice with video if needed.							
3. Chord review: isolate to improve posture.							
4. Sight-reading one song							
4. Music theory worksheet							
GUITAR REPERTOIRE (Lead) play old songs in book							
(Lead) Play each new song in book at least 3 times							
(Rhythm): play new songs at least twice with practice video if needed, and once just isolating chord changes, not in tempo.							
Play / Improvising fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - week 5	Sun	Mon	Tue	Wed	Thur	Fri	Sat
GUITAR TECHNICAL 1. Walk the strings							
2. Strumming exercises practice with video if needed.							
3. Chord review: isolate to improve posture.							
4. Sight-reading one song							
4. Music theory worksheet							
GUITAR REPERTOIRE (Lead) play old songs in book							
(Lead) Play each new song in book at least 3 times							
(Rhythm): play new songs at least twice with practice video if needed, and once just isolating chord changes, not in tempo.							
Play / Improvising fooling around - 5 mins min							
Once a week, listen for new songs to learn.							