

## UKULELE MONTHLY PRACTICE LOG



Please practice at least 5 times per week for a minimum of 20 minutes. Check off the days your practice and what you did during that practice period, so you can keep track of what you're working on! Do the best job you can: quality means doing it right when no one is looking! Be patient for when it seems hard; remember, you will develop muscle memory only with practice, so just keep at it! Parents, supervising practice is essential.

TASK - Week 1	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Technical & Warmup: walk the strings twice, name the notes. Scales.							
Chord changes: practice videos and cycle through all chords you know							
Strumming practice: practice videos							
Uke book songs - review all old songs at least once							
Uke book songs - practice new songs at least 3 times							
Play / improvise - unstructured at least 10 minutes - just fool around on the instrument, or mess around with your singing in front of the mirror.							
Sing and sing/play any songs you like that are not on our song list yet.							

TASK - Week 2	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Technical & Warmup: walk the strings twice, name the notes. Scales.							
Chord changes: practice videos and cycle through all chords you know							
Strumming practice: practice videos							
Uke book songs - review all old songs at least once							
Uke book songs - practice new songs at least 3 times							
Play / improvise - unstructured at least 10 minutes - just fool around on the instrument, or mess around with your singing in front of the mirror.							
Sing and sing/play any songs you like that are not on our song list yet.							

<b>TASK - Week 3</b>	<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
Technical & Warmup: walk the strings twice, name the notes. Scales.							
Chord changes: practice videos and cycle through all chords you know							
Strumming practice: practice videos							
Uke book songs - review all old songs at least once							
Uke book songs - practice new songs at least 3 times							
Play / improvise - unstructured at least 10 minutes - just fool around on the instrument, or mess around with your singing in front of the mirror.							
Sing and sing/play any songs you like that are not on our song list yet.							

<b>TASK - Week 4</b>	<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
Technical & Warmup: walk the strings twice, name the notes. Scales.							
Chord changes: practice videos and cycle through all chords you know							
Strumming practice: practice videos							
Uke book songs - review all old songs at least once							
Uke book songs - practice new songs at least 3 times							
Play / improvise - unstructured at least 10 minutes - just fool around on the instrument, or mess around with your singing in front of the mirror.							
Sing and sing/play any songs you like that are not on our song list yet.							

<b>TASK - Week 5</b>	<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
Technical & Warmup: walk the strings twice, name the notes. Scales.							
Chord changes: practice videos and cycle through all chords you know							
Strumming practice: practice videos							
Uke book songs - review all old songs at least once							
Uke book songs - practice new songs at least 3 times							
Play / improvise - unstructured at least 10 minutes - just fool around on the instrument, or mess around with your singing in front of the mirror.							
Sing and sing/play any songs you like that are not on our song list yet.							