

VOICE MONTHLY PRACTICE LOG



- Please practice at least 5 times per week for a minimum of 15 minutes beginners and 30 minutes intermediate students.
- Check off the days your practice and what you did during that practice period, so you can keep track of what you're working on!
- Do the best job you can: quality means doing it right when no one is looking! Be patient for when it seems hard; remember, you will develop muscle memory only with practice, so just keep at it!
- Parents, supervising practice kindly is essential and effective but if your child is shy to sing in front of you, don't push it.

TASK - Week 1	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Breathwork - the "fragrant" inhalation; 1:2:4 ex							
Warmup - 1 st 3 ex from youtube playlist							
TECHNICAL: Sight singing, clapping, intervals							
Music theory homework - one line/day							
Song Review - review key pieces in your "recital songbook" - songs you want to keep fresh							
New Songs - work on one new song for at least 10 minutes to learn. Focus on one of lyrics / melody / expression / dynamics etc.							
Play / Improvising - fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - Week 2	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Breathwork - the "fragrant" inhalation; 1:2:4 ex							
Warmup - 1 st 3 ex from youtube playlist							
TECHNICAL: Sight singing, clapping, intervals							
Music theory homework - one line/day							
Song Review - review key pieces in your "recital songbook" - songs you want to keep fresh							
New Songs - work on one new song for at least 10 minutes to learn. Focus on one of lyrics / melody / expression / dynamics etc.							
Play / Improvising - fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - Week 3	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Breathwork - the "fragrant" inhalation; 1:2:4 ex							
Warmup - 1 st 3 ex from youtube playlist							
TECHNICAL: Sight singing, clapping, intervals							
Music theory homework - one line/day							
Song Review - review key pieces in your "recital songbook" - songs you want to keep fresh							

New Songs - work on one new song for at least 10 minutes to learn. Focus on one of lyrics / melody / expression / dynamics etc.							
Play / Improvising - fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - Week 4	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Breathwork - the “fragrant” inhalation; 1:2:4 ex							
Warmup - 1 st 3 ex from youtube playlist							
TECHNICAL: Sight singing, clapping, intervals							
Music theory homework - one line/day							
Song Review - review key pieces in your “recital songbook” - songs you want to keep fresh							
New Songs - work on one new song for at least 10 minutes to learn. Focus on one of lyrics / melody / expression / dynamics etc.							
Play / Improvising - fooling around - 5 mins min							
Once a week, listen for new songs to learn.							

TASK - Week 5	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Breathwork - the “fragrant” inhalation; 1:2:4 ex							
Warmup - 1 st 3 ex from youtube playlist							
TECHNICAL: Sight singing, clapping, intervals							
Music theory homework - one line/day							
Song Review - review key pieces in your “recital songbook” - songs you want to keep fresh							
New Songs - work on one new song for at least 10 minutes to learn. Focus on one of lyrics / melody / expression / dynamics / matching karaoke etc.							
Play / Improvising - fooling around - 5 mins min							
Once a week, listen for new songs to learn.							